

**2014 East Bay Triple Crown Trail Championships**

**Joe King Cup (Men 50+)**

Place	Name	Age	Sex	Tilden	Chabot	Wdminster	Total
1	Scott Strait	58	M	1:08:57	1:41:24	1:14:16	4:04:37
2	John Spriggs	53	M	1:14:46	1:47:22	1:15:58	4:18:06
3	Ruben Ramirez	57	M	1:14:37	1:50:05	1:18:47	4:23:29
4	Trapper Byrne	54	M	1:17:12	1:51:11	1:18:40	4:27:03
5	Jim Eckford	58	M	1:17:13	1:54:49	1:23:41	4:35:43
6	Barry Hotchkies	69	M	1:21:32	1:54:55	1:23:37	4:40:04
7	Scott Brandon	58	M	1:26:41	2:07:01	1:26:21	5:00:03
8	Arnold Ramos	63	M	1:27:30	2:08:15	1:33:58	5:09:43
9	Gary MacPherson	68	M	1:37:03	2:17:56	1:40:01	5:35:00
10	Julios Ratti	63	M	1:47:43	2:22:29	1:40:51	5:51:03

**Ruth Anderson Cup (Women 50+)**

Place	Name	Age	Sex	Tilden	Chabot	Wdminster	Total
1	Nancy Simmons	54	F	1:13:41	1:47:01	1:17:19	4:18:01
2	Sharlet Gilbert	63	F	1:22:35	1:55:08	1:28:56	4:46:39
3	Laura McCreery	56	F	1:29:07	2:07:39	1:34:02	5:10:48
4	Martha Gilbertson	55	F	1:30:56	2:12:39	1:33:38	5:17:13
5	Carol Bruton	61	F	1:39:42	2:20:01	1:41:32	5:41:15
6	Paulette Mehas	56	F	2:05:00	2:59:33	2:13:34	7:18:07